## **Claims**

- [c1] A method for forming a structure, comprising: forming a relaxed SiGe block on a substrate; and forming a strained Si film on a side of the relaxed SiGe block to form a strained channel region.
- [c2] The method of claim 1, further comprising forming a gate comprising at least one of an oxide and a high k material on at least one side of the strained Si film.
- [c3] The method of claim 2, further comprising removing the relaxed SiGe block to expose a side of the strained Si film and forming a gate comprising at least one of an oxide and a high k material on the exposed side of the strained Si film.
- [c4] The method of claim 2, wherein the strained Si film is between about 50 Å and 200 Å thick, and the gate is between about 9 Å and 20 Å thick.
- [05] The method of claim 1, wherein the strained Si film is selectively epitaxially grown.
- [06] The method of claim 1, further comprising forming a first nitride spacer on a top of the relaxed SiGe block and

- forming a second nitride spacer on a second side of the relaxed SiGe block and a side of the first nitride spacer.
- [c7] The method of claim 1, wherein the strained Si film has a height greater than a thickness.
- [08] The method of claim 1, wherein the SiGe block is formed by forming a relaxed SiGe layer on the substrate and etching away portions of the relaxed SiGe layer to form the relaxed SiGe block.
- forming a thin oxide layer over the relaxed SiGe layer; forming a polysilicon layer over the thin oxide layer; forming a photoresist on a portion of the polysilicon layer; and etching away an exposed portion of the polysilicon layer, and a portion of the oxide layer to expose a portion of the relaxed SiGe layer; and forming a first nitride spacer on a top portion of the relaxed SiGe layer adjacent to an edge of the thin oxide layer and the polysilicon layer.
- [c10] The method of claim 9, further comprising:
  etching an exposed portion of the relaxed SiGe layer to
  expose a portion of the substrate;
  forming a second nitride spacer on the exposed sub-

strate adjacent an edge of the relaxed SiGe layer and first nitride spacer; and

etching away remaining portions of the polysilicon layer, the thin oxide layer and a portion of the relaxed SiGe layer underlying the thin oxide layer to form the relaxed SiGe block with the first and second nitride spacers.

- [c11] A method, comprising:
  - forming a relaxed SiGe block on an oxide substrate; forming a first nitride spacer on a first portion of the relaxed SiGe block;

forming a second nitride spacer on the oxide substrate adjacent another portion of the relaxed SiGe block and a portion of the first nitride spacer; and epitaxially forming a strained Si film on an exposed side of the relaxed SiGe block.

- [c12] The method of claim 11, wherein the strained Si film has a height greater than a thickness.
- [c13] The method of claim 12, wherein the strained Si film forms a fin of strained Si film vertically oriented on the oxide substrate.
- [c14] The method of claim 12, further comprising forming a gate comprising at least one of an oxide and a high k material on a first surface of the strained Si film opposite

- the SiGe block.
- [c15] The method of claim 18, wherein the strained Si film is at a height substantially equal to a height of the SiGe block.
- [c16] The method of claim 15, further comprising:
  forming a gate comprising at least one of an oxide and a
  high k material on a top of the strained Si film;
  removing the first and second nitride spacers;
  removing the SiGe block to expose a second side of the
  strained Si film; and
  forming a gate comprising at least one of an oxide and a
  high k material on a second side of the strained Si film.
- [c17] A semiconductor structure, comprising: a channel having a fin of strained Si vertically oriented on a non-conductive substrate.
- [c18] The structure of claim 17, wherein the strained Si film is between about 50 Å and 200 Å thick.
- [c19] The structure of claim 17, wherein the strained Si film is epitaxially grown on a block of relaxed SiGe, wherein the relaxed SiGe comprises a range of Ge ranging from about 0% to about 100%.
- [c20] The structure of claim 17, further comprising a gate comprising at least one of an oxide and a high k material

formed on a first side of the strained Si film.

- [c21] The structure of claim 20, further comprising a gate comprising at least one of an oxide and a high k material formed on a top and a second side of the strained Si film.
- [c22] The structure of claim 20, wherein the Si film is a low defect strained Si fin.